



## FOUR SEASONS DENTAL & MED SPA

8855 West Flamingo, Suite 101 • Las Vegas, NV 89147  
Tel: 702-309-4600 • Fax: 702-309-2771

### Temporary Crown Post-Operative Care Instructions

You have received a temporary crown and it is important to follow these Instructions to ensure the success of your final restoration.

- Avoid chewing anything for at least 1/2 hour and the numbness has completely worn off so the temporary cement can set.
- To keep your temporary in place, avoid eating hard or sticky foods, especially chewing gum. If possible, chew only on the opposite side of your mouth.
- Brush your teeth normally.
- Avoid flossing until the permanent crown has been seated.
- If your teeth are sensitive to hot, cold or pressure, use desensitizing toothpaste.
- To reduce any discomfort or swelling, rinse your mouth 3 times a day with a mixture of ½ to 1 teaspoon of salt and 8oz of warm water.
- It is normal for your gums to be sore for several days.
- If your temporary crown comes off, save it and call us so that we can re-cement it. Please call us within 48 hours to have it re-cemented.
- We have included two packets of temporary cement for emergencies, or out of state travel. Clean out the temporary, practice placing the temporary crown back on the tooth. Mix equal parts of the temporary cement. Dry the inside of the temporary crown, and place a small amount of the cement inside the temporary. Dry your tooth with the gauze (included). Place the crown on the tooth and bite together to ensure proper fit of the temporary crown. Gently brush the area with your toothbrush while firmly holding the temporary in place to remove the excess cement.
- **It is very important for the proper fit of your final crown that your temporary crown stay in place. Your tooth can shift and change the fit of the permanent crown if the temporary does not stay in place. Please call our office or come in immediately if you lose your temporary, to avoid additional tooth preparation or complications.**
- Call our office if your bite feels uneven, you have sensitivity or discomfort that increases or continues beyond 3 or 4 days.
- This crown is meant to be temporary only; it is important to have the permanent crown cemented in place within 3-4 weeks of its initial preparation for the most predictable result.
- The permanent crown seat procedure requires approximately an hour. Since it was made from an impression of your tooth, the crown may not be an exact fit. If not, the crown will not be cemented, and I may choose to make a new impression in order to get a precise and accurate fit to protect your tooth structure.
- I can be reached after hours in case of an emergency: (702) 343-3200. Please do not leave a message. If I do not answer, call Debby on her cell phone at (702) 281-9900.

Sincerely,  
Dr. Jim Wright

Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_