

Today

- 1 At the time specified by your skin care professional, wash the treated area using **Anti-Redness Foaming Cleanser**.
Some patients with more dry or sensitive eyes may experience redness, excess tear production, or other signs of eye irritation while the peel preparation is on the face or for a short time after its removal. Use of an appropriate lubricating eye drop, such as Refresh Plus®, available at most drugstores, is recommended to relieve such symptoms.
- 2 After gently patting skin dry, apply **Intensive Recovery Complex**
- 3 At bedtime, wipe one **3 Day Pad** over face after cleansing with **Anti-Redness Foaming Cleanser**.

Tomorrow and next day

AM

- 4 Wash skin with **Anti-Redness Foaming Cleanser**
- 5 After gently patting skin dry, apply **Intensive Recovery Complex**
- 6 Apply **Antioxidant Soothing Balm Sunscreen**

PM

- 7 Wash skin with **Anti-Redness Foaming Cleanser**
- 8 Wipe one **3 Day Pad** over face



Cut and tape to bathroom mirror

